

GAZA

INTERVENTIONS UPDATE #5

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As 2025 drew to a close, Gaza entered the winter months under sustained strain. Cold temperatures, heavy rainfall, and winter storms compounded an already severe humanitarian crisis, particularly for displaced families living in overcrowded shelters, informal sites, or damaged buildings with limited access to basic services. Flooding across residential areas and displacement sites increased health risks, including hypothermia among infants and illness linked to contaminated floodwaters and overflowing sewage.

Humanitarian partners continued to respond to flood-related emergencies by distributing emergency shelter and winterization items, including tents, tarpaulins, blankets, warm clothing, and dignity kits, and by deploying heavy equipment to divert sewage from flooded areas where possible. However, needs continue to far outpace available resources. Shelter assistance remains critically insufficient, with an estimated one million people still in urgent need, as hundreds of thousands remain in makeshift tents or structurally compromised buildings further damaged by rain, wind, and seawater.

Against this backdrop, UN agencies and humanitarian partners continue to stress the urgent need for predictable and unimpeded humanitarian access, increased supplies, and sustained funding to support life-saving assistance and early recovery efforts in Gaza.

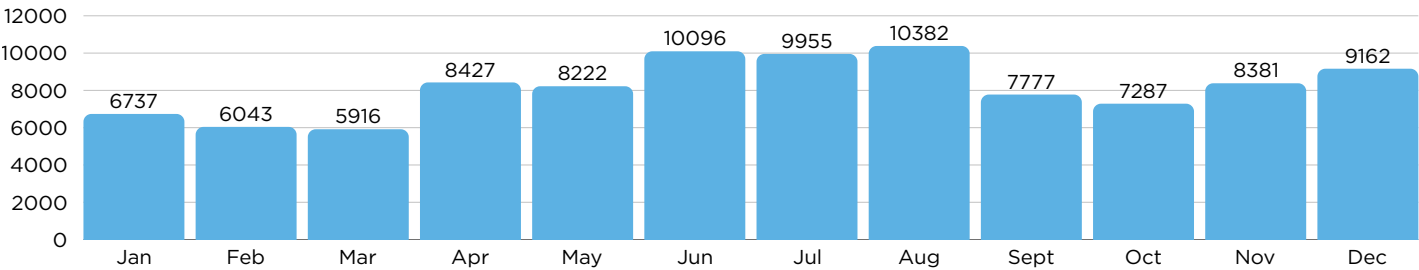
SAMS MEDICAL INTERVENTIONS IN THE GAZA STRIP

Throughout 2025, SAMS Foundation sustained critical health operations across Gaza despite worsening humanitarian conditions. A total of 113,740 medical interventions were delivered, reaching 98,385 people from displaced and host communities in both northern and southern Gaza.

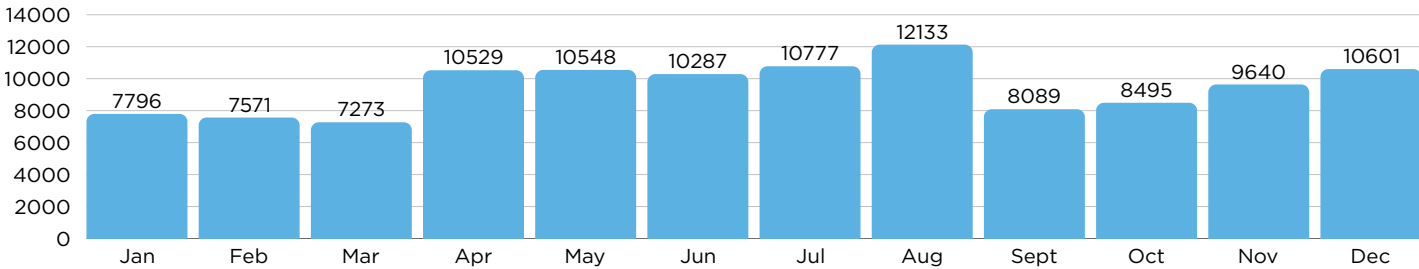
Health services were implemented through a combination of three mobile medical teams (as Maternity and Child Health Mobile Medical Units and Emergency Medical Teams) in addition to two static service points (as static basic PHC centers), allowing SAMS’ team to respond flexibly to urgent needs while maintaining continuity of care. Primary healthcare consultations were complemented by psychosocial support services to address the significant emotional and mental health impacts on affected populations.

SAMS Foundation continued its work in close coordination with local partners and frontline staff, ensuring access to essential medical care amid ongoing instability. As part of these efforts, comprehensive dental care was provided through the SAMS Dental Clinic at the Palestinian Medical Center in Nuseirat Camp, serving communities in southern Gaza.

98,385 PEOPLE SERVED IN 2025



113,740 MEDICAL SERVICES IN 2025



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UPDATE ON BASIC PRIMARY HEALTH CARE CENTERS (BPHCCS) SUPPORTED BY MOBILE MEDICAL UNITS (MMUS)

Between October and December 2025, the Basic Primary Health Care (BPHC) centers attached with Mobile Medical Units (MMUs) program significantly expanded its geographical coverage to address critical health gaps among displaced and underserved populations. Mobile medical units extended services to displacement camps and remote shelters in Deir Al Balah, Nuseirat Camp, and Gaza City, with all mobile teams operationally linked to the BPHCC in Nuseirat Camp, Gaza South, which functioned as a central coordination and referral hub. This strategic expansion aimed to reduce barriers to access and affordability for highly vulnerable, displaced communities.



SOUTHERN GAZA RESPONSE

During the reporting period, two mobile medical teams were deployed in Deir Al Balah and Nuseirat, alongside one static team operating at the BPHCC in Nuseirat Camp. Collectively, the teams delivered a total of 19,338 medical and psychosocial support (PSS) services, reaching 15,885 beneficiaries.

Of these, 18,829 medical services were provided to 13,070 beneficiaries, including mobile and static medical consultations, sexual and reproductive health (SRH) services, nursing care, wound management, and referral services for patients requiring specialized treatment. The BPHCC played a critical role in coordinating service delivery, follow-up care, and referrals across the mobile units.

In response to increasing mental health needs, the teams conducted 509 individual and group mental health and psychosocial support sessions, benefiting 2,785 individuals. These sessions aimed to mitigate psychological distress and enhance community resilience amid ongoing displacement and insecurity.

Preventive health efforts remained a priority, with the delivery of 115 health education and health promotion sessions, reaching 1,701 beneficiaries. These sessions focused on disease prevention, hygiene practices, maternal health, and health-seeking behaviors.



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KEY ACHIEVEMENTS

A notable achievement during this period was the successful scale-up of specialized sexual reproductive health services, particularly in family planning, including the insertion and removal of intrauterine devices (IUDs). Improved provider capacity, combined with growing community trust, resulted in increased utilization of SRH services and strengthened reproductive health outcomes.

Complementing clinical services, the teams completed the distribution of Menstrual Hygiene Management (MHM) kits and sanitary pads to SRH beneficiaries. This intervention addressed urgent health, protection, and dignity needs, especially for women and girls living in displacement settings.



NORTHERN GAZA RESPONSE

During the reporting period, the BPHC and MMU response in Northern Gaza remained active despite severe access and security constraints. In October 2025, escalating hostilities in Gaza North led to the temporary relocation of staff to Gaza South, where Northern teams continued service delivery alongside Southern teams in Khan Younis displacement camps and shelters, ensuring continuity of care.

From November 2025, services continued in Gaza City through a rotating schedule across static medical points and shelters in Northern Gaza. Between November and December 2025, the teams delivered 6,302 medical and MHPSS services, reaching 5,744 beneficiaries.

This included 6,005 primary health care services provided to 4,423 beneficiaries, covering medical consultations, SRH services, nursing care, and acute illness management. In parallel, 297 individual and group MHPSS sessions reached 1,321 beneficiaries, supporting mental well-being and coping mechanisms. Additionally, 63 health education sessions were conducted for 848 beneficiaries.



DENTAL SERVICE PROJECT

SAMS continued to support the Dental Unit at the Palestinian Medical Center (PMC) as a critical component of primary healthcare delivery in the Gaza Strip, ensuring access to essential preventive and therapeutic dental services for displaced and vulnerable populations. The need for dental care in Gaza remains urgent, as prolonged displacement, limited access to services, and deteriorating living conditions have led to widespread untreated oral diseases and preventable suffering.

From January to December 2025, the two supported dental clinics served 13,729 beneficiaries and delivered 17,830 dental services, contributing to reduced suffering, improved quality of life, and enhanced resilience and dignity for individuals and families living under prolonged hardship in Gaza.

Between October and December 2025, the dental clinics delivered a total of 4,756 dental services to 4,545 patients, providing timely pain relief, preventing complications, and improving overall oral health outcomes during a period of heightened humanitarian need.



NUTRITION PROJECT

During the reporting period, SAMS Foundation responded to famine conditions in Gaza by conducting malnutrition screening for children under three years of age and providing milk formula to 912 affected children, in accordance with WHO and UNICEF global standards on infant and Young Child Feeding (IYCF). This intervention was integrated into SAMS' mobile and static health services, strengthening early detection and ensuring timely nutritional support for vulnerable children.



SAMS EGYPT

As part of the expansion, SAMS Egypt partnered with Action for Child Trauma International (ACT International) to strengthen child and adolescent mental health services. In October 2025, the partnership delivered a four-day Children's Accelerated Trauma Treatment (CATT) training hosted at the Embassy of the State of Palestine in Cairo, bringing together 28 mental health professionals from organizations across Egypt working with children affected by the Gaza crisis.

The training provided participants with evidence-based, trauma-informed techniques to support children and adolescents exposed to conflict, displacement, and psychological distress. Through practical, hands-on sessions, mental health professionals enhanced their capacity to help children process trauma, improve emotional regulation, and rebuild resilience and a sense of safety.

The training concluded on October 29, 2025, with a closing session attended by H.E. Ambassador Diab Al-Louh, Ambassador of the State of Palestine in Cairo, who commended the initiative and acknowledged the commitment of participants and organizers to advancing child-focused mental health care.



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LOOKING AHEAD

SAMS will continue its commitment to delivering essential primary health care services integrated with psychosocial support, while expanding interventions for the most vulnerable populations. This includes strengthening nutrition programming for children and pregnant and lactating women (PLW), as well as scaling up sexual and reproductive health (SRH) services.

SAMS will also remain committed to supporting essential dental services by improving their accessibility and affordability for affected communities.

Looking ahead, SAMS aims to expand its interventions in health system strengthening and revitalization, while enhancing the delivery of specialized mental health and psychosocial support (MHPSS) services. These efforts will be supported by evidence-based, in-house, and remote capacity-building programs for health and mental health professionals.





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